SALT PACKING LIST



CLOTHES

- Panties
- Bras (consider sports bras)
- PJs
- Socks
- Undershirts
- Slips
- Shorts/leggings (must be concealed under skirt)
- Skirts
- Comfy Shoes
- Slippers for dorm
- Safety Pins

	•

TOILETRIES

- Toothbrush + paste
- Mouthwash + floss
- Deodorant
- Shampoo + conditioner
- Body wash/soap
- Shaving supplies
- Face wash
- Makeup (natural-look only)
- Perfume/body spray
- Sunscreen
- Lint roller
- Feminine products

•••••

BEDDING/DORM LIFE

- Sheets & comforter (twin size)
- Pillow
- Sleep mask
- Earbuds/headphones
- Rug
- Towels (2-3)
- Bath pouf/scrubbie
- Flip flops/shower shoes
- Bathrobe or wrap
- Clips/shower cap for hair

HAIR STUFF

- Hairbrush
- Comb
- Bobby pins
- Ponytails (pack extra!)
- Headbands/hair accessories
- Hairspray
- •

SALT PACKING LIST



OTHER

- Vitamins
- OTC Medications (allergy, pain reliever, etc)
- Daily medications
- Cough drops
- Extension cord
- Power strip
- Phone charger
- Dirty clothes bag
- Plastic bags (for wet clothes)
- Wrinkle releaser
- Bug spray
- Snacks
- Drinks (We provide water, but if you want soda/energy drinks, bring your own.
 There's a fridge in the dorm with limited space.)

SALT STUFF

- SALT backpack
- Bible
- Pens
- Water gun
- Special talent equipment (juggling pins, unicycle,etc)

				•••••
•••••	•••••	••••••	••••••	••••••

SALT BACKPACK

- Candy (that won't melt)
- Sunglasses
- Mints
- Pencils
- Sharpies (for you)
- Washable markers/colored pencils
- Lesson materials
- Notecards
- Bible (a small one if you have it)
- Binder/folder with Small Group
- Lessons & paper
- Money for concession stand (and
- post-SALT meal)
- Water bottle
- Non-necessities, but good to include:
- Hand sanitizer
- Tide pen
- Chapstick
- Band-aids (ONLY for you)

)														
	•••	••••	••••	• • • • •	••••	••••	• • • • •	••••	••••	••••	• • • • •	••••	• • • • •	••••
	•••	• • • •	• • • •	• • • • •	••••	••••	• • • • •	••••	• • • • •		• • • • •	• • • • •	••••	••••
	•••		••••	• • • • •		••••			• • • •					
N.														